

## Painkillers

# Lemsip

### Most Lemsip contains paracetamol

Lemsip Flu 12 hour capsules contain ibuprofen.  
Lemsip also contains other drugs that make it easier to breathe.



**People take Lemsip if they have a cold or feel like they have flu.**

# How Do I Take It?



Lemsip is usually mixed with hot water to make a drink but there are also tablets. Ask your pharmacist how to take it.



You should wait 4 hours before taking more.

You should only take it 4 times a day.

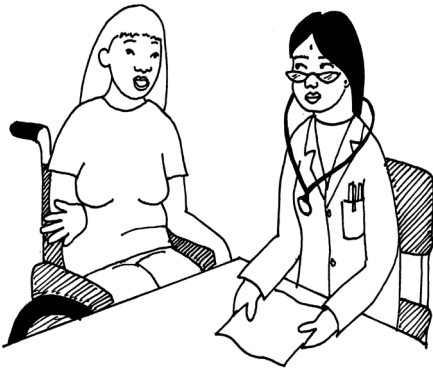
Talk to your doctor if you are still ill after 3 days.

Paracetamol takes about 15 - 60 minutes to start working. It lasts for 6 hours.

# Be Careful!



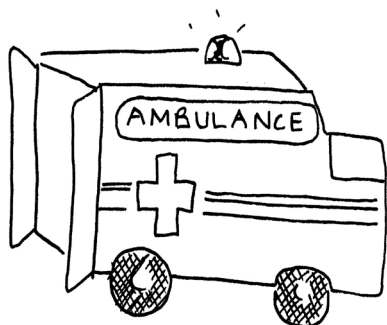
**Do not take any other medicine that contains paracetamol when taking lemsip.**



**Talk to your doctor or pharmacist if you are taking any other medication or if you are pregnant.**

**Do not take lemsip if you have liver or kidney problems or if you drink lots of alcohol.**

## What should I do if I take too many? (Overdose)



**Call a doctor or an ambulance straight away if you think you have taken too many.**

**Speak to your doctor or pharmacist if you want to know more about Lemsip.**



**The Elfrida Society publish leaflets on lots of different conditions, procedures and medications.**

**Call us on:  
020 7359 7443**