Here are some other ways the pharmacist can help you —

Helping you to find ways to remember to take your medicine.

Showing you how to keep your medicine safely.

Helping you to choose medicines to buy for things like colds and skin problems.

If you find it difficult to swallow your medicine, the pharmacist can tell you if there are other ways you could take it.

Get to know your pharmacist!
Your pharmacist is there to help you.

Write your pharmacist’s name here —

My pharmacist is —

My name is —

Ask about medicines

National Patient Safety Agency

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AAH

With thanks to clients at the Eastbrook Centre, Gloucester
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If you ask in the pharmacy, the pharmacist will come and talk with you.

You can ask to talk in private if you want to.

A member of your family, or your carer, could come with you if you want them to.

It is helpful if you take your medicines along with you and show them to the pharmacist.

If it is a very busy day, you may have to wait!

Here are some questions you might want to ask the pharmacist

**What does this medicine do?**

**Will I need to take this medicine for a long time?**

**How should I take this medicine?**

(like with water, or before or after food)

**When should I take this medicine?**

(like in the morning, or just before bedtime)

**Are there things I should not do if I am taking this medicine?**

(like not drinking alcohol)

Some medicines can cause problems, like making people feel tired or sick.

**What problems might my medicine cause?**

**What should I do if this happens to me?**

What should I do if I forget to take my medicine?

What if I take too much?