

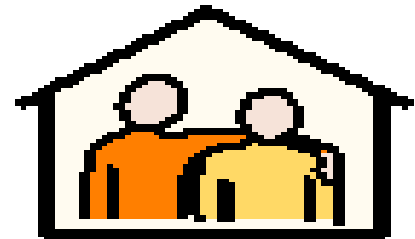
# This is my Health Care Passport

For people with learning disabilities using health services

My name is:

If I need health care this book needs to go with me, it gives health care staff important information about me.

**It needs to hang on the end of my bed if in hospital** and a copy should be put in my notes.



This passport belongs to me. Please make sure I keep it with me.

Nursing and medical staff please look at my passport before you do any interventions with me.

**EVERY** adult has the right to make his or her own decisions and you **MUST** assume I have capacity to make them unless **YOU** prove otherwise.



Things you must know about me

Things that are important to me

My likes and dislikes

# Things you must know about me



Name:

Likes to be known as:



NHS number:

Date of Birth:



Address:

Tel No:



How I communicate/What language I speak:


Family contact person, carer or other support:

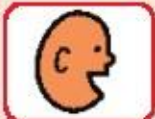
Relationship e.g. Mum, Dad, Home Manager, Support Worker:

Address:

Tel No:



My support needs and who gives me the most support:

My carer speaks:

# Things you must know about me



Religion:

Religious/Spiritual needs:

Ethnicity:



GP:

Address:

Tel No:

Other services/professionals involved with me:



Allergies:



Medical Interventions – how to take my blood, give injections, BP etc.



Heart  
Breathing problems:



Risk of choking, Dysphagia (eating, drinking and swallowing):

Date completed:  To be reviewed regularly and as needs change.

# Things you must know about me



Reasonable adjustments I may need: double appointments, reduced waiting time, accessible communication, a quiet waiting area, explaining my treatment, an informal visit beforehand, somebody known to me helping me?

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My medical history and treatment plan: including what medication I take and how I take medication (whole tablets, crushed tablets, injections, syrup). Refer to MARS sheet for my current medication.

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What to do if I am anxious:

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# Things that are important to me



How to communicate with me:

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How would I prefer to take my medication if my usual route is unavailable:

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How you know I am in pain:

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Moving around: (Posture in bed, walking aids)

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Personal care: (Dressing, washing, etc)

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Date completed: \_\_\_\_\_

To be reviewed regularly and as needs change.

# Things that are important to me



Seeing/Hearing: (Problems with sight or hearing)

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How I eat: (Food cut up, pureed, risk of choking, help with eating)

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How I drink: (Drink small amounts, thickened fluids)

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How I keep safe: (Bed rails, support with challenging behaviour)

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How I use the toilet: (Continence aids, help to get to toilet)

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Sleeping: (Sleep pattern/routine)

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# My likes and dislikes

Likes: for example - what makes me happy, things I like to do such as, watching TV, reading, music, routines.

Dislikes: for example - don't shout, food I don't like, physical touch.

## Things I like

Please do this:



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## Things I don't like

Don't do this:



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# Notes

Please use this space for any additional information:



# Contacts and useful websites

## Community Learning Disability Teams (CLDT)

Croydon Community Learning Disability Team  
(020) 8726 6500

Kingston Community Learning Disability Team  
(020) 8547 6558  
Email: [cldt@rbk.kingston.gov.uk](mailto:cldt@rbk.kingston.gov.uk)

Lambeth Community Learning Disability Team  
(020) 7926 5555

Merton Team for People with Learning Disabilities  
(020) 8545 4529/4552

Richmond Specialist Healthcare Team (Learning Disabilities)  
(020) 8487 5315

Sutton Clinical Health Team for People with Learning Disabilities  
(020) 8770 6064

Wandsworth Community Learning Disability Team  
(020) 8812 7000

**If you are admitted to hospital, please contact the Learning Disability Acute Liaison Nurses as soon as possible. If there is no Learning Disability Liaison Nurse then please contact PALS/Safeguarding Lead for your Acute Trust.**

[www.easyhealth.org.uk](http://www.easyhealth.org.uk)

[www.intellectualdisability.info](http://www.intellectualdisability.info)

[www.mencap.org.uk/gettingitright](http://www.mencap.org.uk/gettingitright)

Please contact your local Community Learning Disability Team  
if you have any questions about this Health care Passport

This Health Care Passport was developed by the South West London Access to Acute Group and based on original work by Gloucester Partnership NHS Trust.