

After the operation

4



- You might go home on the same day
- Some people have to stay in hospital for 1 night before they can go home

After you go home



- Your ear might be sore for 1 or 2 days after the operation. You can take a painkiller like Paracetamol or Aspirin
- A little bit of watery discharge and some blood might come out of your ear for 1 or 2 days after the operation
- If there is yellow, smelly discharge coming out of your ear then you might have an infection. This needs treating with ear drops from your doctor
- You should take 2 or more days off work or school
- If you go swimming don't dive or swim under water



Follow up hospital appointment: You will be sent a letter in the post telling you when to come back to the hospital



Glue ear and Grommets ¹

What is glue ear?

- Glue ear is a build up of sticky fluid behind your ear drum
- Your ear drum is deep inside your ear. Sounds normally go into your ear and make your ear drum vibrate
- If you have glue ear your ear drum can't vibrate. This can make your hearing bad
- Glue ear usually goes away on its own. If it doesn't then grommets can help to make your hearing better

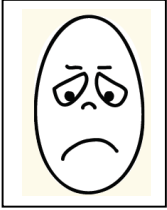
What is a Grommet?



A picture of a Grommet on a finger. It's as small as a grain of rice

- Grommets are very small plastic tubes. They are used to treat glue ear
- An operation is done to make a small hole in your ear drum. The grommet goes in the hole and stops sticky fluid from building up
- Grommets should help to make your hearing better
- Grommets usually fall out on their own after a few months. They don't need to be taken out by the doctor

What are the risks of having Grommets put in?



- Your ear might be sore for 1 or 2 days after the operation
- A little bit of watery discharge and some blood might come out of your ear for 1 or 2 days after the operation



- Some people get an ear infection after the operation. This needs treating with ear drops from the doctor
- Some people still have a small hole in their ear drum after the grommet falls out. If this doesn't heal up then you might need another operation

Getting ready for the operation



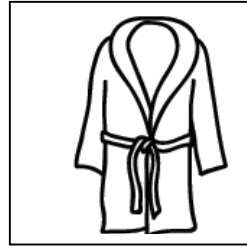
- The week before your operation you will come to a clinic at the hospital
- At the clinic you will see a nurse or doctor
- You can ask any questions about the operation or about anything that is worrying you
- You might need a blood test at the clinic



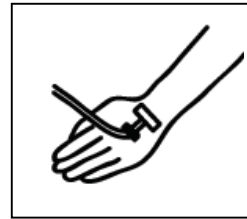
On the day of the operation



- Do not have anything to eat or drink for 6 hours before the operation



- When you come to the hospital you will go to a ward with a bed
- A nurse will give you a gown to wear



- A doctor will put a small needle into the back of your hand. This is to give you medicine to send you to sleep



- When you wake up after the operation you will be in the ward
- You won't remember the operation
- You will feel tired afterwards



- Your ear might feel sore afterwards
- You will be given medicine to make the pain better