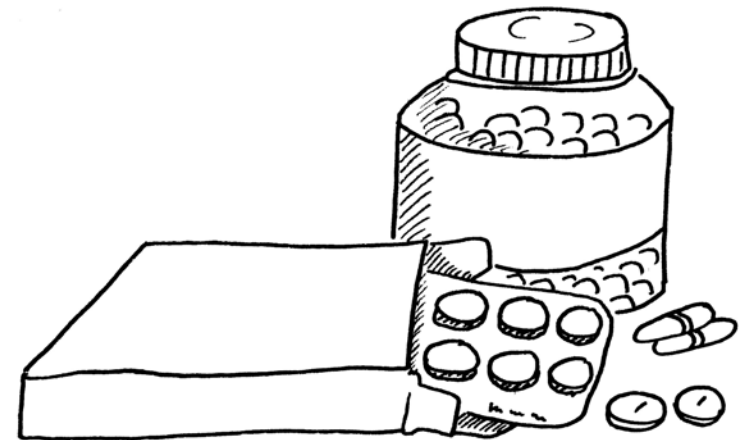


My Doctor is:

## What I should do if my medication makes me feel ill



## I am taking Lithium

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Date of issue: January 2008  
Review date: January 2010

Some pictures provided by Photosymbols and  
Change Picture Bank

The doctor wants you to take these tablets because you have mental illness

You may feel funny when you take your tablets. Tell your family, your carer or your doctor if you feel like this.



- you can't see properly



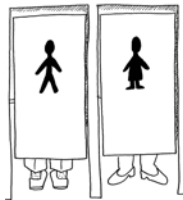
- you feel confused



- you have shaky hands



- you feel sick or dizzy



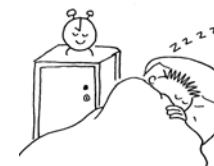
- you wee a lot



- you feel tired



- you feel very thirsty



- you are unsteady on your feet



- you have a rash on your skin

