

CONTACT DETAILS:

Doctor:

GP:

PEG Nurse:

District Nurse:

Dietitian:

Nurse Advisor (tube feed company):

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Speech and Language Therapist:

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Produced by:

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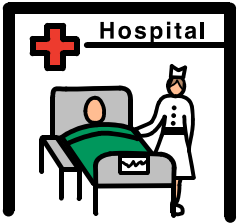
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Jan 08

P.E.G. FEEDING

**Information for
Clients/Patients
and Carers**

2 a



To have the PEG put in, you go into hospital for a short while. You might stay the night before and you will possibly stay a night or two afterwards.



You will get something to make you feel sleepy. The doctor will also give you a small injection in your tummy so you won't feel the tube going in.



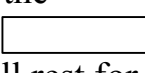
Then the doctor will put a small tube with a light on into your mouth. This will go down into your tummy, so he can see where to put the feeding tube.

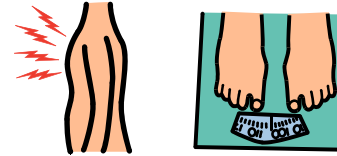
2b

- The hospital will send information on what the client must and must not do before the procedure.
- **Please ensure you/the client follow these instructions correctly.**
- The client **must** take any important information about themselves into hospital. If possible, take an A4 laminated sheet of vital information which can be put up by the bed eg: about ways of communicating. The person should take a copy of their Communication Passport if they have one.
- If you are a carer, ask if you can go with the person until they have the sedative and injection. During the actual procedure you can wait in the waiting area.
- It is best if a carer can stay with the client as much as possible while they are on the ward, to help staff interact with the client in the best way.

3a



The doctor will put the PEG tube into your tummy. The doctor will take out the light tube that you  swallowed. You will rest for a while, and then go home or onto the ward for a night or two.



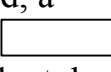
If swallowing isn't safe, the person may get a chest infection or become malnourished.

PEG stands for:

Percutaneous (through the skin)

Endoscopic (instrument that looks into the stomach)

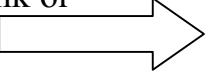
Gastrostomy – (opening straight into the stomach.)

When you have a feed, a carer will put the  special liquid down the tube from a syringe or a pump. You may get medicine through the tube as well.



The Dietitian recommends the best kind of feed/liquid to go down the tube.



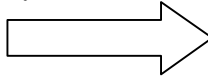
Most people don't drink or eat anything through  their mouth if they have a PEG, but you still need to keep your mouth clean and not too dry.



PEG FEEDING



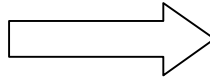
At the moment, you eat and drink through your mouth. The food and drink goes down to your stomach.



There will be a special cover on the PEG to begin with. The person will just be able to wash at first. Someone will check when it's OK for them to have a bath or shower. A nurse will tell them when it's safe to go swimming.



If you can't swallow very well, you can have a tube put straight into your stomach. This is called a 'PEG'.

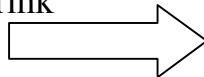


Some people have their feed during the day. Some people have it overnight.

Check with the Dietitian about this.



A special liquid food/drink will go down the tube. You probably won't have food or drink through your mouth any more.



It is still very important to keep the person's mouth moist and they should clean their teeth carefully at least twice a day.